

DISCHARGE RESOURCES

MEDICAL

Kern Valley Healthcare District
6412 Laurel Ave, Mt. Mesa
(760) 379-2681

Mountain View Health Center
4300 Birch St., Mt. Mesa
(760) 379-1791

Sienna Wellness Institute
6425 Lynch Canyon Rd., Mt. Mesa
(760) 379-8630
www.siennawellness.com

Kern River Community Health Center (Clinica Sierra Vista)
67 Evans Rd., Wofford Heights
(760) 376-2276 / (833) 678-2781

Kern County Dept. of Public Health Clinic
(661) 321-3000 / (800) 974-2717
(760) 549-2090
(message phone only)

Mesa Clinical Pharmacy
12608 Mt. Mesa Rd., Mt. Mesa
(760) 379-6106

Rite Aid - Pharmacy
5330 Lake Isabella Blvd.,
Lake Isabella
(760) 379-5621

TRANSPORTATION

Non-Emergency Medical Transportation Services
(442) 899-8815 / (442) 899-7147
Mon.-Fri. / 8:00am-4:30pm

Kern Regional Transit (Dial-A-Ride)
(800) 323-2396



CRISIS LINES & ABUSE REPORTING
Kern County Sheriff's Department
7046 Lake Isabella Blvd.
Lake Isabella
(760) 549-2100 or 911

Women's Center – High Desert
- 6429 Lake Isabella Blvd.,
Lake Isabella / (760) 223-2777
- 134 S. China Lake Blvd.,
Ridgecrest / (760) 371-1969
Domestic Abuse 24/7 Hotline:
(760) 375-7525
Sexual Assault 24/7 Hotline:
(760) 375-0745

College Community Services (Clarvida) – Crisis Line
(888) 343-4756

Kern Behavioral Health Crisis Unit
988 or (800) 991-5272

Mobile Crisis Response
988 or (661) 868-8200

Crisis Stabilization Units
1141 Chelsea St, Ridgecrest
2151 College Ave, Bakersfield

National Suicide & Veteran's Crisis Line
(800) 273-8255 or call/text 988

Kern County Victim's Services
(661) 868-2400

Kern County Child Protective Services Hotline
(661) 631-6011

Elder or Dependent Adult Abuse Hotline
(661) 868-1006

Kern County Aging & Adult Services
(661) 868-1000

LGBTQ Crisis Hotline
(888) 843-4564

MENTAL HEALTH & SUBSTANCE ABUSE
College Community Services (Clarida)
2731 Nugget Ave., Lake Isabella
(760) 379-3412

Knuckle Up Ministries
5301 Lake Isabella Blvd.,
Lake Isabella / (760) 549-7034

Outreach Program: Volunteer Senior Outreach
Kern River Valley: (760) 379-3412
Bakersfield: (661) 868-5021

Kern Behavioral Health & Recovery Services
Substance Use Access Line:
(866) 266-4898 / (661) 868-7550
Mon-Fri: 10am-7pm & Sat: 10am-1pm

Mary K. Shell Mental Health Center
Access & Assessment Center:
2151 College Ave. Bakersfield
(661) 868-8123/Mon-Fri: 8am-5pm

Bakersfield Behavioral Healthcare Hospital
5201 White Lane, Bakersfield
(661) 398-1800

Suicide Prevention Hotline
(800) 273-8255

Alcoholics Anonymous
(760) 379-4112

Narcotics Anonymous
(818) 773-9999

Kern Stop Meth Now
(855) 662-6384

GATE: Kern County Mental Health
(661) 868-6453 / (866) 266-4898

Salvation Army Adult Rehab Center
200 19th St., Bakersfield
(661) 325-8626 / (800) 728-7825

